



11th NATIONAL TONG IL MOO DO MARTIAL ART CHAMPIONSHIP 2025.

Karnail Singh Stadium, New Delhi, India – 110055

- **The 11th National Tong-Il Moo-Do Martial Arts Championship** was successfully organized by the **Tong-Il Moo-Do Association, Delhi**, under the aegis of the **Tong-Il Moo-Do Federation, India**.
- **The championship was held from 29th to 31st December 2025 at Karnail Singh Stadium, New Delhi, India – 110055.**
- The event witnessed remarkable participation from across the nation, with more than 12 states taking part in the championship. Participants represented states such as Delhi, Maharashtra, Punjab, Kerala, Odisha, Jammu & Kashmir, Madhya Pradesh, Uttar Pradesh, Himachal Pradesh, Telangana, Assam, Tamil Nadu, and several others.
- Over 800 students from different regions of India actively participated in the championship, demonstrating exceptional skills, discipline, and sportsmanship. The event served as a significant platform to promote Tong-Il Moo-Do nationwide and to strengthen unity and cultural exchange among martial artists from diverse backgrounds.

ORGANIZATION AND MANAGEMENT:

- The Opening Ceremony, Closing Ceremony, Tournament, and Board Meeting were excellently organized.
- The event was led by:
 - Master Manoj Kumar, Vice-President of Tong-Il Moo-Do Federation India
 - Master Arun Kumar Choudhary, Acting President
 - Master Sudhir Malik, President
 - Master Satish Kumar Choudhary, Secretary General
- Special appreciation to Master Satish Kumar Choudhary for his tireless efforts and round-the-clock dedication.
- The overall management and execution of all activities were smooth and of high quality.
- Dr. Joon Ho Seuk, Dr. Chung Sik Yong, and GM Takamitsu Hoshiko were deeply impressed by the standard of the tournament and Board Meeting.

OBJECTIVES

The 11th National Tong-Il Moo-Do Martial Arts Championship was organized with the following key objectives:

- To strengthen and expand the Tong-Il Moo-Do (TIMD) foundation across all states of India for future nationwide development
- To build deeper relationships among participants and with global leaders of Tong-Il Moo-Do
- To award honorary black belt certificates
- To conduct the Board Meeting of the India Tong-Il Moo-Do Federation
- To invite participants to the 40-Day Tong-Il Moo-Do Workshop (February 1 – March 13, 2026) in Cheong Pyeong, Korea

EVENT HIGHLIGHTS

The championship featured a variety of activities, including:

- Tournament competitions
- Martial arts demonstrations
- Certificate distribution ceremony
- Media briefing
- Board meeting

PARTICIPATION

The event witnessed enthusiastic participation from across the country:

- Total Participants: 810
- Participants Included: VIPs, TIMD leaders, and members from all over India

DISTINGUISHED GUESTS (VIPS)

The championship was honored by the presence of eminent personalities:

- Dr. Joon Ho Seuk – Founder of Tong-Il Moo-Do
- Dr. Chung Sik Yong – Chairman, World Tong-Il Moo-Do Federation
- GM Takamitsu Hoshiko – President, World Tong-Il Moo-Do Federation
- Shri Kuldeep Vats – President, Delhi Olympic Association
- Shri Sudhir Vats – Vice President, Delhi Olympic Association
- Mrs. Sarika Ahlawat – President, Tong-Il Moo-Do Association, Delhi
- Shri Vijender Singh – Olympic Bronze Medalist in Boxing

KEY MESSAGE FROM THE FOUNDER

Dr. Joon Ho Seuk emphasized the deeper purpose of practicing Tong-Il Moo-Do:

- To develop a mature character by uniting mind and body and living for others
- To build healthy and happy families centered on true love
- To contribute creatively to society
- To ultimately build “One Family” under a culture of heart

He also highlighted the core mottos of Tong-Il Moo-Do:

1. Move forward with discipline by uniting mind and body
2. Love God, Humanity, and Country
3. Loyalty and filial piety are the foundation of victory

PARTICIPANTS' EXPERIENCE AND REFLECTIONS

This championship marked a historic moment in the 46-year history of Tong-Il Moo-Do, as all three global leaders attended together for the first time. Participants and officials were deeply inspired by their presence and guidance. The closing ceremony message by Dr. Seuk motivated everyone to commit strongly to the values and goals of Tong-Il Moo-Do.

Throughout the tournament, participants displayed strong fighting spirit, overcoming personal limitations and building unity beyond regional differences. A memorable highlight was the New Year celebration, where VIPs, participants, and performers came together in dance and joy. The cake-cutting ceremony symbolized unity and marked a beautiful beginning for the coming year.

FUTURE ACTIVITY:

- Dr. Yong has officially announced the organization of an International Tong-Il Moo-Do Rally to be held in **2029 in Delhi, India. This grand event is being planned to commemorate the 50th Anniversary of the founding of Tong-Il Moo-Do.**
- The rally is expected to witness large-scale participation from both international and national members. Approximately **1,000** Tong-Il Moo-Do practitioners from overseas countries will be invited to attend the event. In addition, around 30,000 Tong-Il Moo-Do members from various states across India are expected to participate, making it one of the largest martial arts gatherings in the country.
- This historic event will celebrate five decades of Tong-Il Moo-Do's journey, achievements, and global expansion. It will also serve as a platform to promote unity, cultural exchange, and the true spirit of martial arts, while strengthening the presence and influence of Tong-Il Moo-Do at both national and international levels.

11th NATIONAL TONG-IL MOO-DO MARTIAL ART CHAMPIONSHIP

29th-31st DECEMBER, 2025



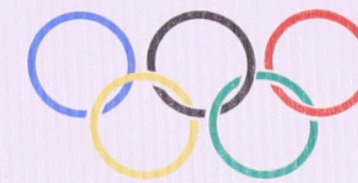
Media Partner



Niti Aayog
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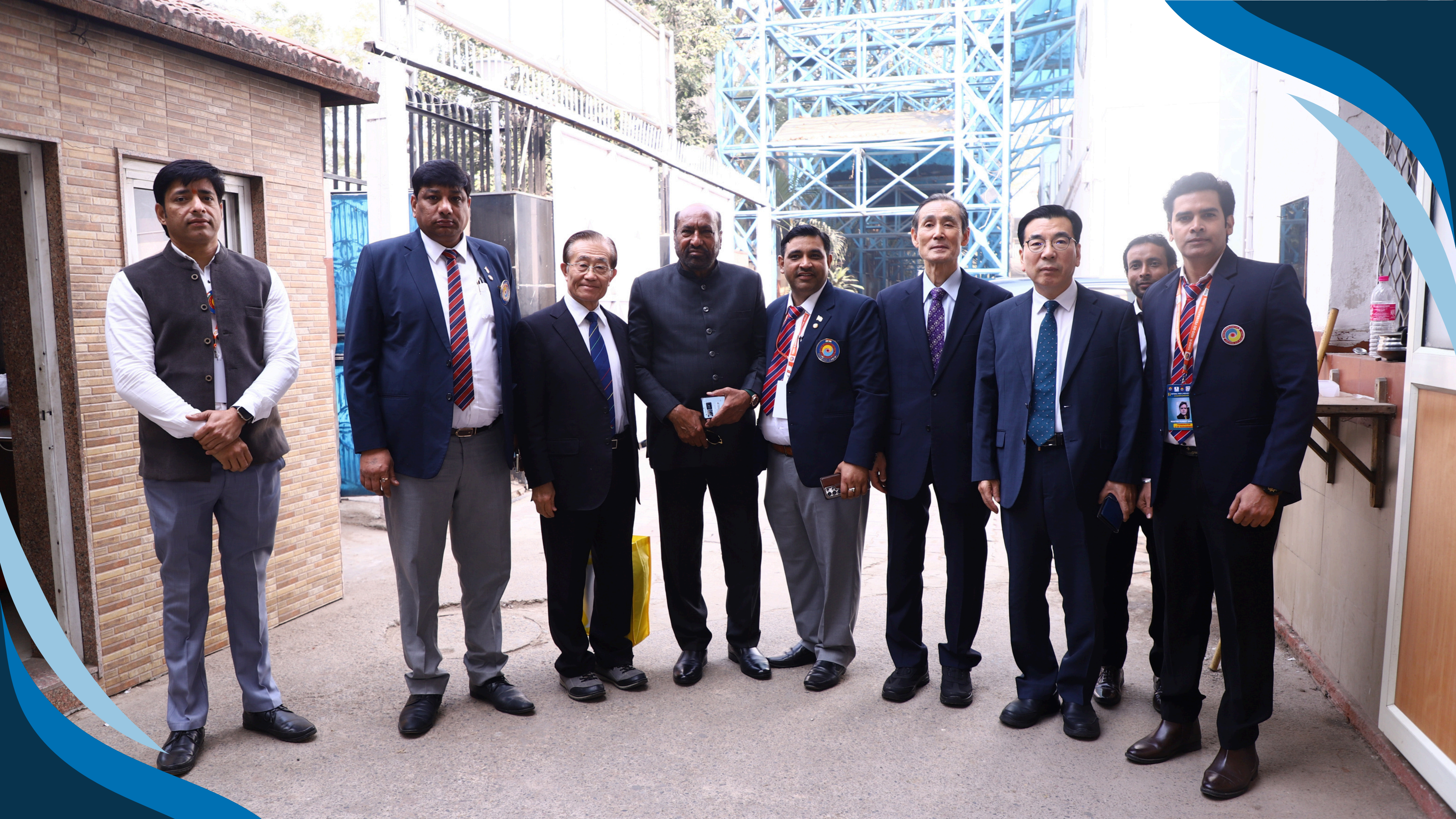
DELHI OLYMPIC
ASSOCIATION



RIYA INDUSTRIES

KARNAIL SINGH STADIUM, NEW DELHI

ORGANIZED BY TONG-IL MOO-DO ASSOCIATION, DELHI





INTERNATIONAL TONG-IL MO-DO MARTIAL ARTS CHAMPIONSHIP 2025



TONG-IL MO-DO

ASSOCIATION, INDIA









11th NATIONAL TONGJI-MMA CHAMPIONSHIP








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CHAMPIONS





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INTERNATIONAL TONGGIL MOO-GO

CHAMPIONSHIP 2024



SUDHIR KR. MALIK
PRESIDENT
TONG-G. MOO-GO FEDERATION, INDIA
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11th NATIONAL TONG-IL MOO-DO MARTIAL ARTS CHAMPIONSHIP 2023

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FEDERATION, INDIA (REGD.)

DELHI

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मू-डो महासंघ
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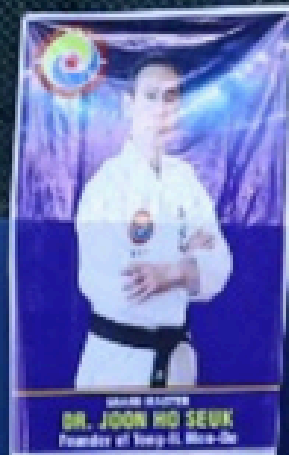
TONG IL MOO DO WORKSHOP BY GRAND MASTER TAKAMITSU HOSHIKO



भारतीय टोंग-इल-मू-डो महासंघ (रजि.)
TONG-IL MOO-DO FEDERATION, INDIA (REGD.)

ANNUAL GENERAL BODY MEETING

DELHI OLYMPIC ASSOCIATION



**10TH NATIONAL TONG-IL MOO-DO
MARTIAL ART CHAMPIONSHIP - 2024**

On 13th to 15th December
@ Fire Fox Stadium Moinabad
Rangareddy District, Hyderabad, Telangana

TONG-IL MOO-DO GAMES & SPORTS ACADEMY
DELHI

DR. JOON HO SEUK
Founder of Tong-Il Moo-Do

DR. JONG HEE
INTERNATIONAL PRESIDENT, WTF



Thank You



Report By:

Satish Kumar Choudhary

Hony.Secretary General

Tong-IL-Moo-Do Federation, India