



40  
DAYS

# TONG-IL MOO-DO & ILWONDO

W O R K S H O P 2 0 2 6

40 일 통일무도·일원도 워크샵



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Participants : 70 from 18 countries(Korea, Japan, USA, Philippines, Mongolia, Pakistan, Taiwan, Panama, Brazil, Argentine, Colombia, DR Congo, Zambia, Burkina Faso, Germany, Samoa, Australia, Nepal) Beginners, and those who want to receive the black belt including other martial artists

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Purpose : ①make spiritual condition to protect and liberate Dr. Hak Ja Han, True Mother, from the detention center②inherit the techniques, thoughts, vision, and spirit from Dr. Joon Ho Seuk③produce 30,000 Tong-Il Moo-Do instructors within 5 years④renew ourselves and make a new start with the new structure of WTMF

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Title : The Way of Loyalty and Filial Piety is the foundation to win over everything

# The Meeting to prepare for the Workshop in Cheong Pyeong on January 24<sup>th</sup>





# TONG-IL MOO-DO | ILWON-DO 40-DAY WORKSHOP 2026



Abonim Exercise led by Dr. Hee Choel Song



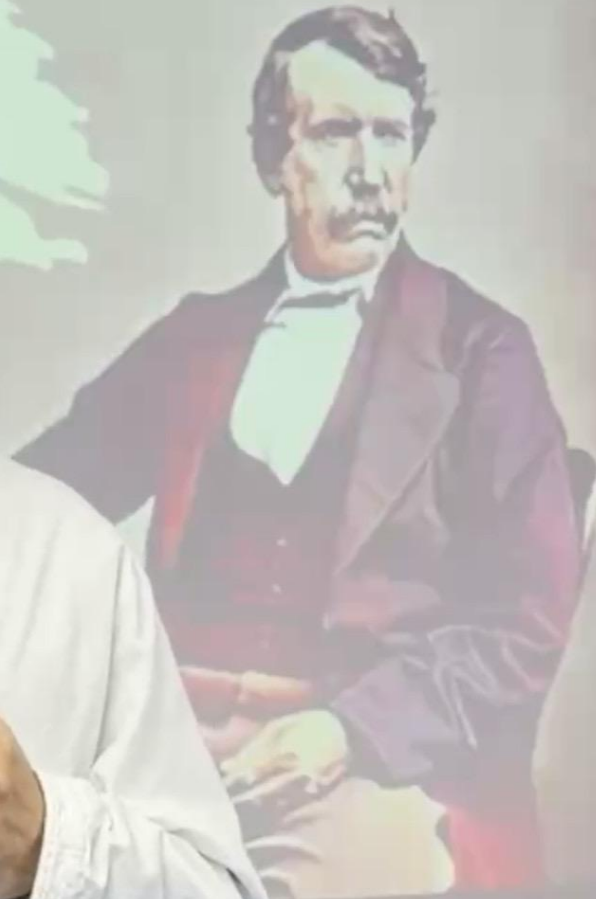
Starting a new day by listening to Dr. Chung Sik Yong's HDK message after the Abonim Exercise



In Cheong Pyeong

Livingstone's influence did not come from sermons, it came from deca footsteps.

So, it is not the one who knows more who change — it is the one who more w



ILWON-DO | ILWON-DO  
40-DAY WORKSHOP 2026





# TONG-IL MOO-DO | ILWON-DO 40-DAY WORKSHOP 2026



만약 하나님은 영원하시다면  
 하나님의 이상도 영원합니다.  
 그리고 그 이상을 이루는 우리는  
 일시적 존재가 아니라  
 영원한 대상입니다.  
 영원한 대상은 두려워하지 않습니다.  
 영원한 대상은 사랑받지 않습니다.  
 영원한 대상은 사랑을 남깁니다.  
 하나님은 절대·유일·영원·불변이십니다.  
 그리고 우리는 그의 영원한 사랑의  
 대상입니다.  
 이 진리를 불문면  
 인생은 결코 가깝게 살 수 없습니다.



40 DAYS

통일무도

하나: 나는 부모에게  
 둘: 나는 조국을 위  
 셋: 나는 형제자매를  
 넷: 나는 나의 마음과  
 다섯: 나는 인내를 가  
 여섯: 나는 정의를 위  
 일곱: 나는 백질불굴을

이원도  
 2026. 1. 14

If God is eternal,  
 then God's ideal is also et  
 And we, who are called to  
 are not temporary beings.  
 We are eternal partners.

A person who believes in  
 A person who believes in  
 A person who believes in  
 history.

God is absolute, unique, etc  
 And we are the eternal pa  
 of His love.  
 If we hold on to this truth,  
 we can never live our lives

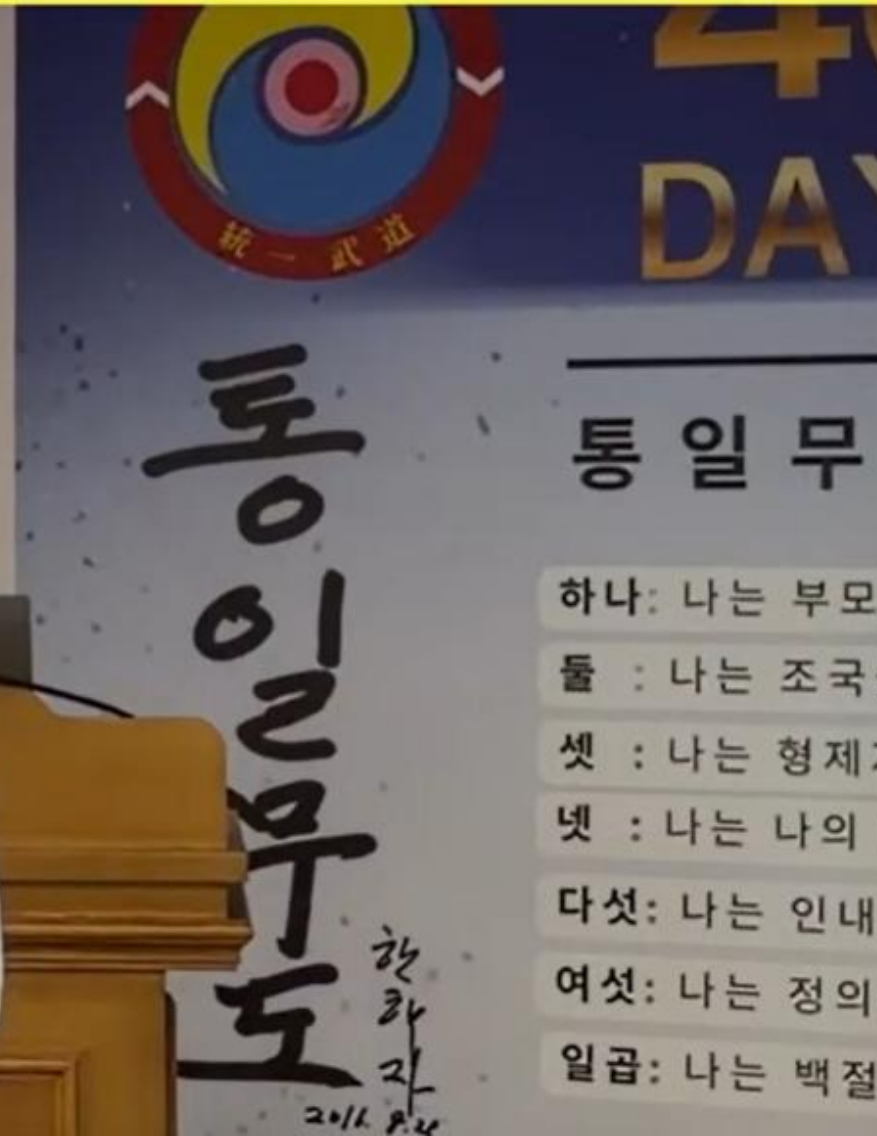


# TONG-IL MOO-DO | ILWON-DO 40-DAY WORKSHOP 2026





# TONG-IL MOO-DO | ILWON-DO 40-DAY WORKSHOP 2026



The Lecture of "The History of Tong-Il Moo-Do" and  
By GM Takamitsu Hoshiko on February 3

- In 1986, GM Takamitsu Hoshiko visited Germany and Holland, and held a Seminar in Holland.  
**1986년 - 다카하시 겐사쿠 사범**은 영국과 독일, 네덜란드에서 유럽 대륙 무도 세미나를 개최하였다.
- Master Michael Kellet established TIMD schools in California, Europe, and Estonia.  
**마이클 켈렛 사범**은 캘리포니아, 유럽, 에스토니아에 통일무도 학교를 설립하였다.
- Dr. Seuk and Master Takahashi through the TIMD foundation in Estonia were able to enter Moscow, Russia in April 1990.  
**석준호 박사**와 **다카하시 사범**은 에스토니아 통일무도 재단을 통해 **1990년 4월** 러시아 모스크바에 갈 수 있었다.



The Lecture of "The Fall of Man"  
By Dr. Venus Agustin in February

## God is Good

- Everything God created was good
- Evil did not exist from the beginning

9



위해 노력할 것을 결의한다.

을 극복할 것을 결의한다.

진할 것을 결의한다.

ANEUN NAEUI MAEUMGWA

OT: NANEUN IN NAEREUL

YEOSEOT: NANEUN JONG

HA

ANEU

: NA

MO-AEGAE HYOD

UIHAE CHUNGSON

GJE JAMAERUL SARA

-IREUL UIHAE NORY

UN KONANEUL GUK

ONGGAMHAGE JO

WONDO WORK

일 원 도

DO - DO /

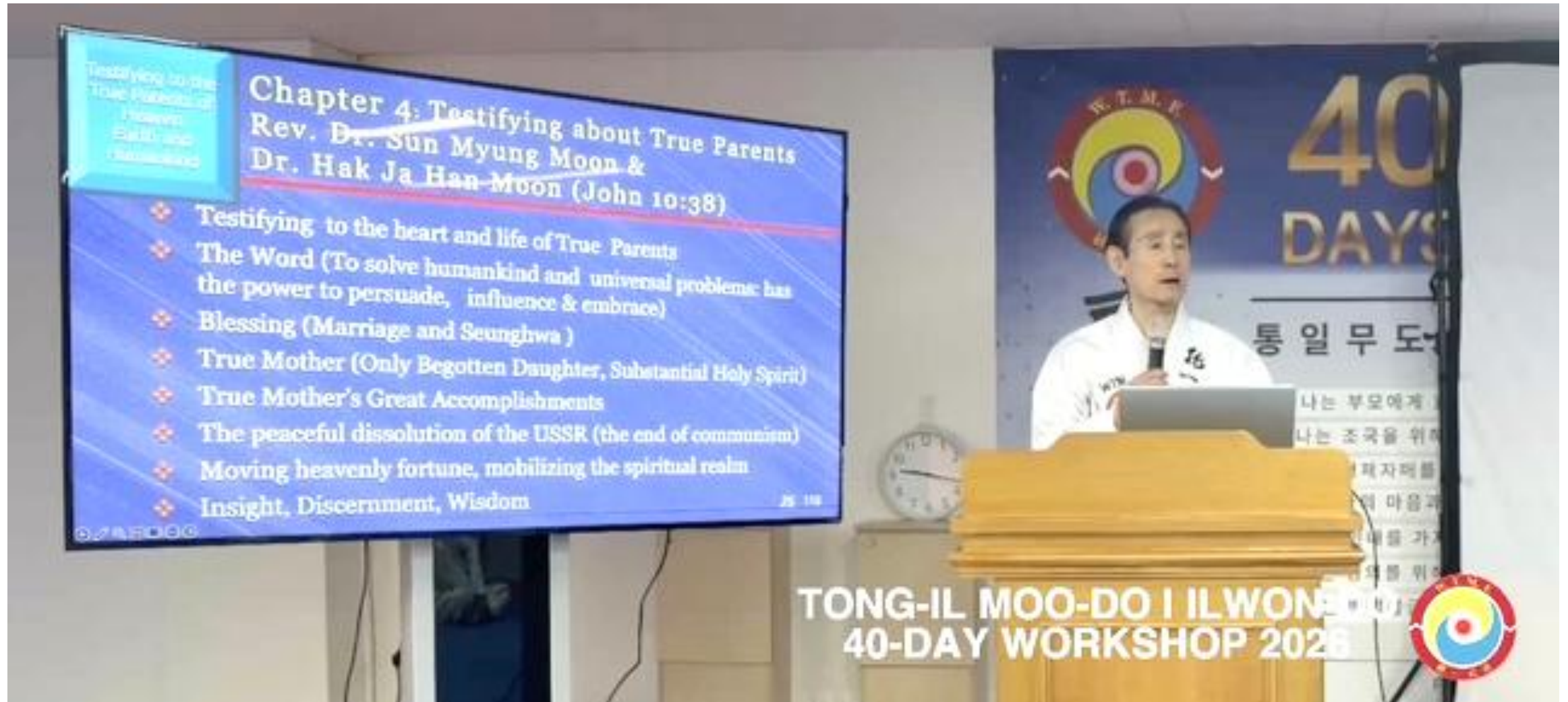
# At the Tree of Blessing

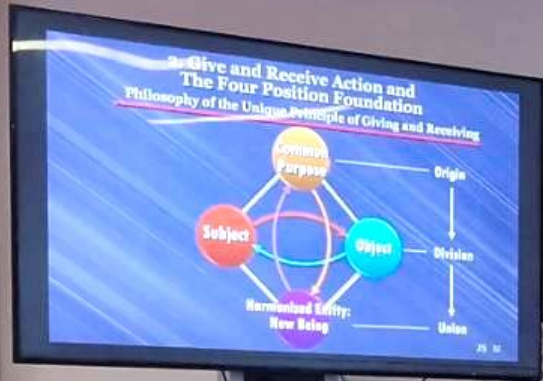


# The Demonstrations of Tong-Il Moo-Do & Il Wo Do on the ferry boat on February 9



# Dr. Joon Ho Seuk's Lecture on Unification Thought from February 13 to 20



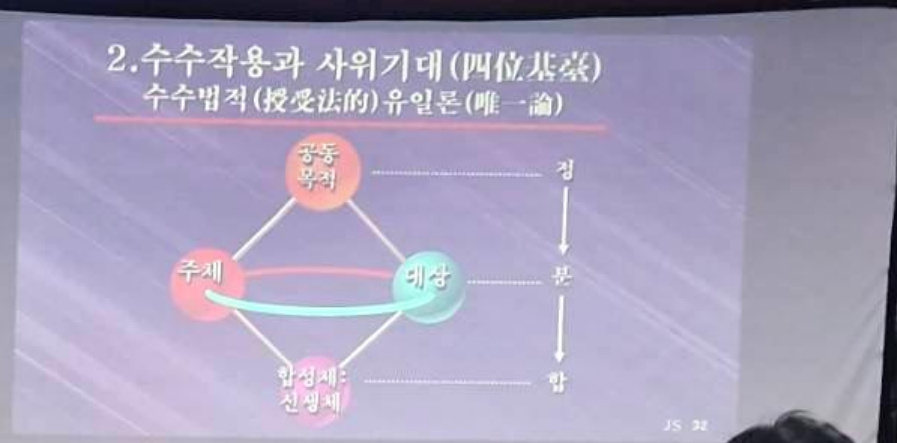


WTM 40 DAYS

통일무도

나눔무도

JS 22



통일무도  
TONG-IL MOO-DO

일원무도  
ILWON-DO

통일무도  
TONG-IL MOO-DO

PHI

통일무도  
TONG-IL MOO-DO

통일무도  
TONG-IL MOO-DO

OP 2026

크샵

DO SINJO

EUL GYORI HANDA.

EUL GYORI HANDA.

EUL GYORI HANDA.

EUL GYORI HANDA.

EUL GYORI HANDA.

EUL GYORI HANDA.





40 DAY

통일무도

한라산  
2014. 12.

하나: 나는 부모에게
둘: 나는 조국을 위하여
셋: 나는 형제자매
넷: 나는 나의 마음
다섯: 나는 인내를 기
여섯: 나는 정의를 위하여
일곱: 나는 백성들을



# The Demonstration of Il Won Do during Cheon Shin Prayer Vigil on Feb. 13<sup>th</sup>



After the demonstration of Il Won Do, Rev. Gi Sung Lee encouraged us saying, “From now, we welcome 500~1000 participants here in Cheong Pyeong.”

The number of the participants increased later up to 70.



# Reflection Meeting



## 40 TONGIL MOO-DO DAYS 2026년 통일무도 . 일원도 워크샵 WORKSHOP 2026



통일무도  
2026. 2. 14

### 통일무도 . 일원도 신조

- 하나: 나는 부모에게 효도할 것을 결의한다.
- 둘: 나는 조국을 위해 충성할 것을 결의한다.
- 셋: 나는 형제자매를 사랑할 것을 결의한다.
- 넷: 나는 나의 마음과 몸의 통일을 위해 노력할 것을 결의한다.
- 다섯: 나는 인내를 가지고 모든 고난을 극복할 것을 결의한다.
- 여섯: 나는 정의를 위해 용감하게 전진할 것을 결의한다.
- 일곱: 나는 백절불굴의 정신으로 불의에 맞서 싸울 것을 결의한다.

NET: NANEUN  
DASEOT: N  
YEOS  
ILGEUP: NA

### TONG-IL MOO-DO / ILWONDO SINJO

- HANA: NANEUN BUMO-AEGAE HYODO HAL GO SEOL GYORI HANDA.
- ANEUN JOGUK-EUL UIHAE CHUNGSONG HAL GOSEUL GYORI HANDA.
- NANEUN HYONGJE JAMAERUL SARANGHAL GO SEUL GYORI HANDA.
- WA MOM-I TONG-IREUL UIHAE NORYOK HAL GO SEUL GYORI HANDA.
- L KAJIGO MODEUN KONANEUL GUKBUKHAL GOSEUL GYORI HANDA.
- ONGIREUL UIHAE YONGGAMHAGE JONJINHAL GOSEUL GYORI HANDA.
- ILGURI JONGSIN EURO BU-RI-E MATSEO SSAEUL GOSEUL GYORI HANDA.

일원도  
한글  
2026. 2. 14

FEBRUARY 1 - MARCH 13, 2026

NHWA A. HJ TRAINING CENTER, CHEONGPYEONG

일원도  
ILWON-DO

통일무도  
TONG-IL MOO-DO

통일무도  
TONG-IL MOO-DO

통일무도  
TONG-IL MOO-DO

통일무도  
TONG-IL MOO-DO



통일무도  
TONG-IL MOO-DO





YEOSEOT: NANEUN JONGHREUL UHAE YONGGAMHAGE JONJINHAL GOSEUL GYORI HANDA  
FEBRUARY 1 - MARCH 13, 2020  
CHINHWA A. HJ TRAINING CENTER, CHEONGPYEONG

WTMF  
KOREAN WRESTLING FEDERATION

일원도

일원도

일원도

일원도

Shin Jin Nim participated in the Promotion Test of Tong-Il Moo-Do on Feb. 21 and was promoted to the 1<sup>st</sup> degree black belt



sparring



Dr. Joon Ho Seuk  
gave the comment

DUL : N JOGUK-EUL UIHAE

SET NEUN HYONGJE JAM

JI MAE -I TONG-IREUL

MODEUN KO



Tour: The Detention Center Feb. 22

# Dr. Chung Sik Yong's special message



# GM Takamitsu Hoshiko's message



# Prayer together for Dr. Hak Ja Han



Salina from Panama had the spiritual experience with True Mother during the prayer.



- “When I went to the detention center, I felt so much love being close to True Mother. At the beginning, I felt cold and had hard time. I offered my prayer with loud voice with our members. “I will leave my life to you.” When I was crying, suddenly everything disappeared. My spirit was separated from my physical body, and I saw myself praying. At that moment, my spirit went to True Mother, and I saw her. She was so beautiful. I approached her, and embraced her, and touched her hand. Then she grasped my hand, gazed at me, and said, “I know.” Then my spirit returned to my physical body. I cried with tears, and tears overflowed. When I opened my eyes, everyone stopped praying. When I reflect my experience there, it was such a precious moment filled with infinite love and gratitude.”



**40 TONG-IL MOO-DO & ILWONDO**  
WORKSHOP 2026  
40의 특이무도 의원도 워크샵



FEDERATION FOR WORLD PEACE

WORLD TONG-IL MOO-DO ASSOCIATION

KOREAN TONG-IL MOO-DO ASSOCIATION

VENUE: IL CHEONGBO TRAINING CENTER

HEUNGDEONG

FEBRUARY 1-10, 2026

법과 질서, 서울구치소  
법무부

같이  
W

Tour: Han Nam Do (indoor) Feb. 22



# Tour: Han Nam Do(outside) Feb. 22



# Tong-Il Moo-Do Mini Tournament on February 27



# Il Won Do Tournament



Bumonim yeoksa hasine  
I worship you I worship you

You are here, moving in our midst  
I worship you I worship you

부모님 역사하시네

I worship you I worship you



40 Day TIMD and IWD Workshop Participants singing, “Way Maker” during the Cheong Shin Won Prayer Vigil on March 6

우리가 지켜 드립니다!  
私たちが守ります。  
WE WILL FIGHT FOR YOU!

We performed the Sawi Gi Dae Eui Bon according to the music of Japanese Fight Song.



Cheong Shin Won Weekly reported the 40 Days TIMD and IWD Workshop on the same day.

天心苑 特別敬啟



사미라 키로스

파나마 무술 사부

가정연합 비신자

길리아노 사범님을 통해 우리는 통일 무도에 대해 배웠습니다.  
ジュリアノ師範を通し統一武道を学びました



오스카 가르시아

파나마 무술 아카데미 관장


가정연합 비신자

구치소에서 있었던 경험을  
拘置所での経験を

## 자 잠삼

DR 콩고 2세 자녀, 통일무도 수련 참석

저는 참어머님께서 구치소에 가셨던 날을 기억합니다.  
お母様が収監された日を覚えています

A man with dark skin and a beard is playing an acoustic guitar and singing with his eyes closed. He is wearing a white long-sleeved shirt with a circular logo on the chest that says "WTMF" and a colorful emblem. A woman with long braids, wearing a white martial arts gi with a brown belt, is singing and gesturing with her hands towards the man. The background is a dark, textured purple.

살아계신 하늘부모님  
生ける天の父母様  
The living Heavenly Parent.

Tong-Il Moo-Do &  
Il Won Do Tournament on  
March 7<sup>th</sup>

"참여머님 무죄석방 기원"  
**G-IL MOO-DO & ILWON**  
WORLD TOURNAMENT



"참여머님 무죄석방 기원"  
**G-IL MOO-DO & ILWON**  
WORLD TOURNAMENT





"참어머님 무죄석방 기원"

# TONG-IL MOO-DO & ILWONDO WORLD TOURNAMENT



WONDO  
0 2 6  
크 샵  
TR. CHEONGPYEONG DATE: FEBRUARY - MARCH 11, 2026

"참어머님 무죄석방 기원"  
2024 전국통일무도 일원도 전국대회

TONG-IL MOO-DO & ILWONDO  
WORLD TOURNAMENT



40  
DAYS

# TONG-IL MOO-DO & ILWONDO

W O R K S H O P 2 0 2 6

40 일 통일무도·일원도 워크샵



Tong-Il Moo-Do & Il Won Do Demonstration on March 7





40  
DAYS

# TONG-IL MOO-DO & ILWONDO

WORKSHOP 2026

40 일 통일무도 · 일원도 워크샵





40  
DAYS

# TONG-IL MOO-DO & ILWONDO

W O R K S H O P 2 0 2 6

40 일 통일무도·일원도 워크숍



Shin Jin Nim performed the special demonstration.





40  
DAYS

# TONG-IL MOO-DO & ILWONDO

W O R K S H O P 2 0 2 6

40 일 통일무도·일원도 워크샵





# The Visit of Cheong Jeong Gun on March 10





통일도  
TIG-IL MD-DI

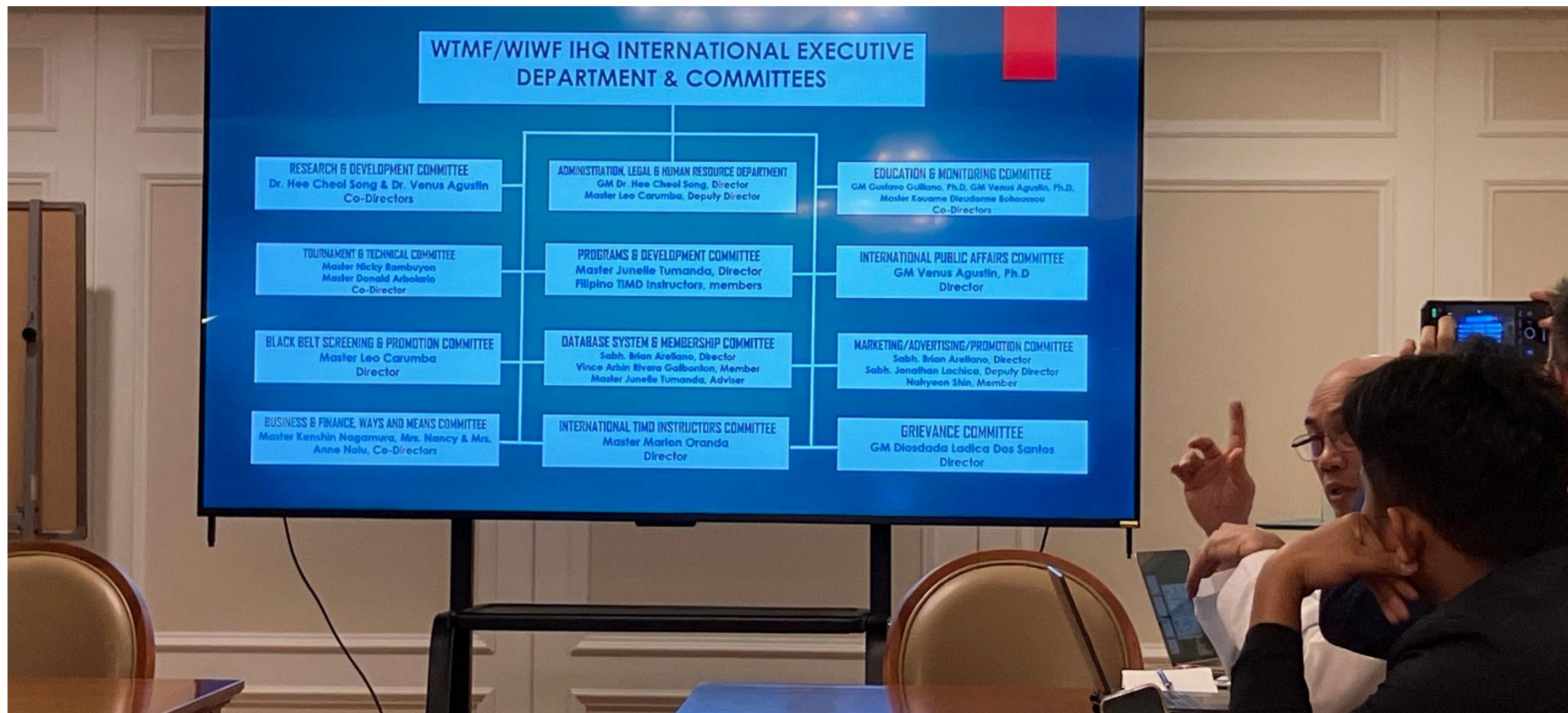
# Annual Schedule

## Launching of

### WORLD UNIFIED MARTIAL ARTS FEDERATION FOR PEACE (WUMAF-P) and TIMD/IWD WS, TOURNAMENTS & WORLD TOUR 2026-2027

- |   |                  |
|---|------------------|
| 1) 1ST 40-DAYS INTERNATIONAL WORKSHOP (KOREA) .....     | FEBRUARY 2026    |
| 2) BANGLADESH .....                                     | EARLY MAY 2026   |
| 3) PHILIPPINES (ASIA PACIFIC LEVEL).....                | JUNE 2026        |
| 4) JAPAN (40-DAY IWD WS) .....                          | JUNE 2026        |
| 5) 5 NATIONS IN AFRICA .....                            | JULY/AUGUST 2026 |
| 6) 13 NATIONS IN LATIN AMERICA.....                     | OCT-NOV. 2026    |
| -> WORLD CUP (PANAMA) .....                             | NOV. 19-23, 2026 |
| 7) 13TH MOMBASSA TIMD INTERNATIONAL OPEN CS .....       | DEC. 2026        |
| 8) 2ND 40-DAYS TIMD INTERNATIONAL WORKSHOP (KOREA)..... | JULY 2027        |
| 9) 14TH MOMBASSA TIMD INTERNATIONAL OPEN CS .....       | DEC. 2027        |

# New Committee of WTMF



# Global Goals

## Global Goals

- Asia-Pacific: 30,000
- Central and South America: 12,000
- Africa: 12,000
- United States: 3,000
- Japan: 5,000
- Korea: 5,000
- Europe: 3,000
- Total: 70,000 members.

After the Closing Ceremony on February 12



# Summary

- First, we would like to express deep gratitude to Heavenly Parent, True Parents, Dr. Joon Ho Seuk, Dr. Chung Sik Yong, Dr. Pyun Rae Moon, Rev. Gi Sung Lee, Dr. Hee Choel Song, and all the staff, especially the Philippine instructors, who made this 40 Days Tong-Il Moo-Do & Il Won Do Workshop possible. And we deeply appreciate all the participants from 18 countries.
- Every morning, Dr. Yong's message, during the Hun Dook Kae, touched our hearts so deeply that we couldn't help but shed tears. Dr. Yong emphasized the attributes of True Love which is to live for the sake of others, to love our enemy, to invest 100%, 120%, to make our object better than ourselves, and to sacrifice ourselves for others, quoting from the messages of Abraham Lincoln, Livingstone, Albert Schweitzer, Mother Teresa, and other exemplary figures who practiced True Love. Dr. Yong reminded us how important it is for us to have the great vision, believe it, declare it, write it down, and have the good preparation for it. Because of Dr. Yong's message and his investment without missing single day, we were protected and guided by Heavenly Parent for 40 days.
- We also were moved by Dr. Seuk's lectures of Unification Thought, and his testimonies of attending True Parents, especially in Russia and China, with the great result. Dr. Seuk emphasized us how important it is for us to not only understand Unification Thought, but also practice it, and teach it through our own example.
- The beautiful nature and fresh air in Cheong Pyeong refreshed us and embraced us with Heavenly Parent's love every day.

- We had the special privilege to be able to perform during Cheong Shin Won prayer vigil on February 13 and March 7. We are so grateful to Rev. Gi Sung Lee who allowed us to perform Tong-Il Moo-Do and Il Won Do during the prayer vigil and promote them to the entire world.
- It was the first time for us to hold the Tong-Il Moo-Do tournament and Il Won Do tournament at the same time in the same venue. From the audience point of view, it was well arranged and looked so beautiful with the good contrast. Dr. Yong was moved by it and shedding tears.
- When we visited Cheon Jeong Gun and looked around the True Mother's photos, we felt strong sense of unity cultivated for 40 days centering on True Mother.